# **Cosmetology (COS)**

#### COS 108 Beauty Theory I

3 Hours

Prerequisites: None

3 hours weekly (3-0)

This course covers the study of basic cosmetology theory. Areas emphasized include infection control, natural nail services, trichology, disorders of the scalp and basic hair shaping.

#### COS 109 Beauty Lab I

5 Hours

Prerequisites: None

15 hours weekly (0-15)

Supervised practice in the development of skills in shampooing, hair shaping, natural nail services, thermal styling, roller setting, braiding and perm waving.

## COS 107 Salon Safety & Sanitation

2 Hours

Prerequisites: None

2 hours weekly (2-0)

This course is a study of the various methods of sanitation used in the salon with emphasis on the importance of sanitation disinfection and sterilization in the practice of cosmetology.

## COS 125 Beauty Theory II

3 Hours

Prerequisites: COS 105

3 hours weekly (3-0)

This theory course advances the student's knowledge beyond the basics of cosmetology.

Areas emphasized include nail structure, basic skin care, hair removal and skin anatomy.

#### COS 126 Beauty Lab II

5 Hours

Prerequisites: COS 106

15 hours weekly (0-15)

Supervised practice in the developing of skills in hair lightening, tinting, skin care and artificial nail application.

#### **COS 127 Cosmetology Work Ethics**

2 Hours

Prerequisites: None

2 hours weekly (2-0)

This course is intended to acquaint, give some insights, and train in "on the job" personal relations, problems, situations, and possible solutions for students intending to pursue careers in such fields as cosmetology.

## COS 145 Beauty Theory III

3 Hours

Prerequisites: COS 125

3 hours weekly (3-0)

This course focuses on advanced cosmetology theory. Areas of study included the chemical and physical action of permanent waves and chemical relaxers, hair pressing and general anatomy pertaining to the cosmetology industry.

## COS 146 Beauty Lab III

5 Hours

Prerequisites: COS 126

15 hours weekly (0-15)

Supervised clinical application in the department of skills in advanced hair shaping, introduction to haircoloring, long hair design, advanced thermal styling, chemical relaxing, and artificial nail enhancements.

#### **COS 147 Salon Management**

2 Hours

Prerequisites: None

2 hours weekly (2-0)

This course is designed to assist the student in making career decisions by discovering the possibilities available to those in the cosmetology profession. This class will also focus on diversity in the world of cosmetology, the history of the cosmetology profession and salon mathematics.

## COS 165 Beauty Theory IV

3 Hours

Prerequisites: COS 145

3 hours weekly (3-0)

This advanced theory course places emphasis on the principles of hair design, styling techniques, artificial hair, and the use of electricity in the cosmetology industry.

## COS 166 Beauty Lab IV

5 Hours

Prerequisites: COS 146

15 hours weekly (0-15)

Supervised clinical application in the development of skills in wet hairstyling,

progressive hair color techniques, specialty permanent wave wraps and advanced roller setting.

#### COS 167 Salon Marketing

2 Hours

Prerequisites: None

2 hours weekly (2-0)

An in-department, classroom experience on opening and running a successful cosmetology salon and the marketing strategies that accompany the salon business.

## COS 205 Beauty Theory V

3 Hours

Prerequisites: COS 165

3 hours weekly (3-0)

This final theory course in the cosmetology program focuses on the Illinois Cosmetology Act as well as a review of the entire cosmetology theory curriculum.

## COS 206 Beauty Lab V

5 Hours

Prerequisites: COS 166

15 hours weekly (0-15)

Supervised clinical application in the development of proper client consultations, communication skills and mastering the basic hands-on skills of the cosmetology profession. This course also includes a salon internship segment.

#### **COS 207 License Review**

2 Hours

Prerequisites: Concurrent enrollment in COS 205 & COS 206

2 hours weekly (2-0)

This course will prepare the cosmetology student for the general theory exam, written practical exam and Illinois laws and rules exam. Additionally, the student will practice mock tests in preparation for skills certification. Cosmetology students will review their knowledge and skills in all theory and practical topics learned throughout their training. Completion of this course will help the student identify areas of weakness that need additional review prior to scheduling their state exams and completing cosmetology skills certification.

#### **COS 250 Instructional Strategies & Practices**

16 Hours

Prerequisites: Valid Illinois Cosmetology License with two years' experience within last five years.

#### 32 hours weekly (0-32)

The primary purpose of the Student Instructor Program is to train the student in the basic teaching skills, educational judgments, proper work habits, and desirable attitudes necessary to obtain licensure and for competency in entry-level positions as an educator or a related career field.

#### **COS 260 Cosmetology Review**

## 8.5 Hours

Prerequisites: Lapsed Cosmetology License

#### 16 hours weekly (0-16)

This course is designed as a refresher course for cosmetologists who need to renew their license or simply update their skills. This program is a compilation of topics covering the pertinent objectives necessary for the learner to accomplish in order to enter the work force.